



Spiritual Bouquet

Bishop Stephen D. Parkes, I will offer up the following spiritual gifts for you and your intentions:

Spiritual Gifts	Please fill in the number of times of each offering you did each week and add the total at the end.				
	Week Aug. 16 - 22	Week Aug. 23 - 29	Week Aug. 30 – Sept. 5	Week Sept. 6 - 12	TOTAL
Holy Masses					
Holy Communions					
Spiritual Communions					
Decades of the Rosary					
Divine Mercy Chaplets					
Visits to the Blessed Sacrament / Adoration					
Daily prayers					
Novenas to Saints / Litanies					
Acts of Personal Sacrifices					
Fasting					
Almsgiving / Acts of Charity					
Confession / Reconciliation / Penance					
Other: _____					

Please Return this form to the office by September 20, 2020 so we can add up all the gifts and write the letter to the Bishop.

Thank you!